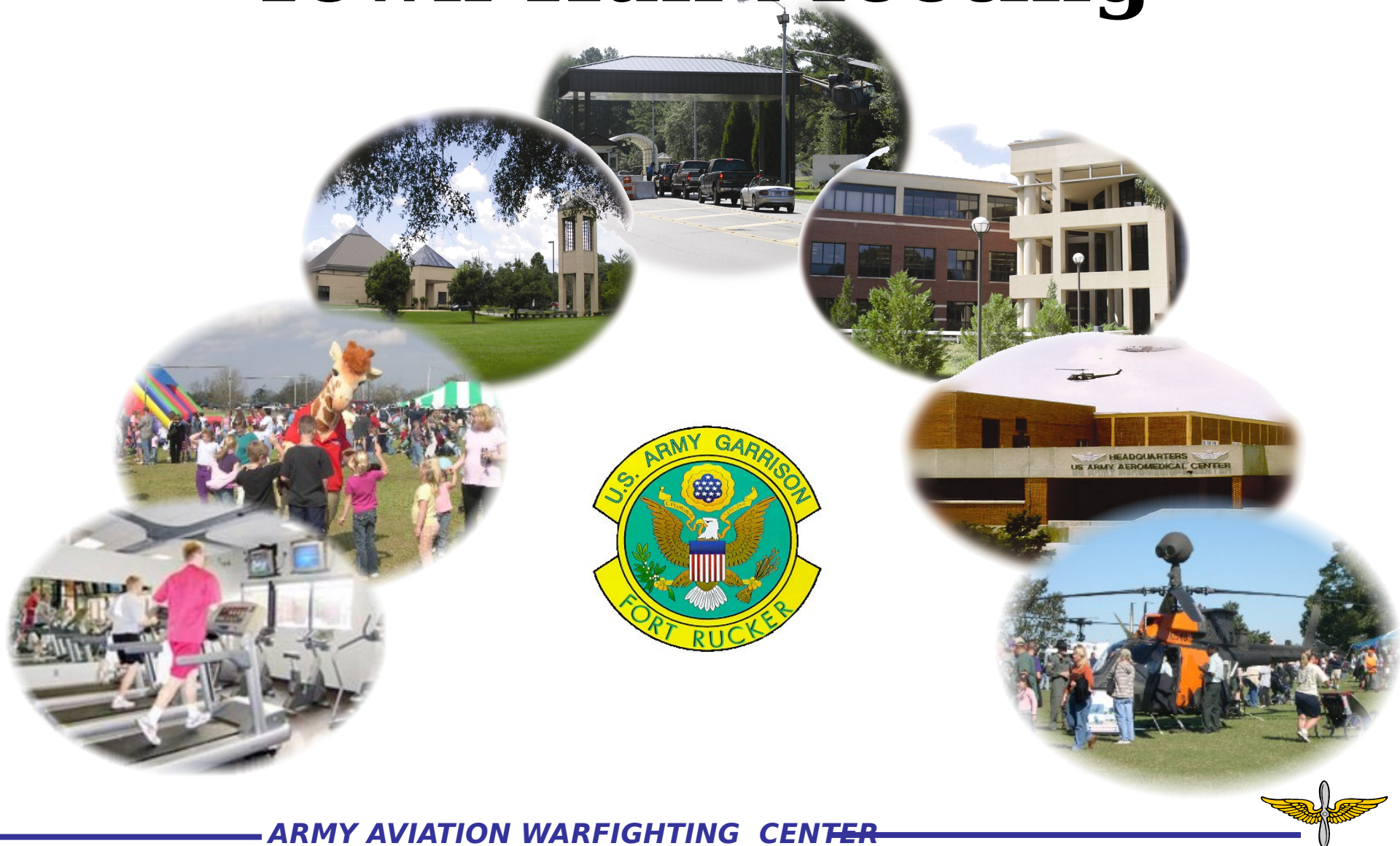


Fort Rucker Town Hall Meeting



ARMY AVIATION WARFIGHTING CENTER



Fort Rucker Town Hall Meeting

Purpose: Provide Fort Rucker Community with timely information on upcoming programs and services.

Attendees: Bde/Bn/Company Commanders or Directors; Bde/Bn Sergeants Major, 1SGs, Private Organizations; FRG's and Advisory Councils.

(Everyone is invited to attend)

Products: handouts, specific MW, and other events



Fort Rucker Town Hall Meeting Agenda

DMWR

Chaplain

ACS

DPS

CYS

DPW

AAFES

DPW

Commissary

ESO

USAAMC



Directorate of Morale Welfare and Recreation



MWR Website: www.ftruckermwr.com

Auto Craft Center Car Wash

The Auto Craft Center has now reopened its self-service car wash. Come try out the new equipment!



Renovated car wash bays

New vacuums (including a shampooer/vacuum)

New auto fragrance machine



www.fttruckermwr.com

Tropical Smoothies, Snacks and More!

Working out just got more fun. Stop by the new snack bar at the Fortenberry/Colton Fitness Center and reward yourself with a refreshing beverage or snack.

Fortenberry/Colton Fitness Center

Hours of Operation:

Monday - Friday

10am - 2pm

4pm - 7pm

www.fttruckermwr.com





Mega Bucks II

\$2,500 Grand Prize

**Semi-Finals 7
July**

**Every Friday Night
Finals 21 July**
Dawn Patrol Lounge

Open Mic 1800 Competition 1930

Win MWR Bucks for your Unit every



Soldier Show

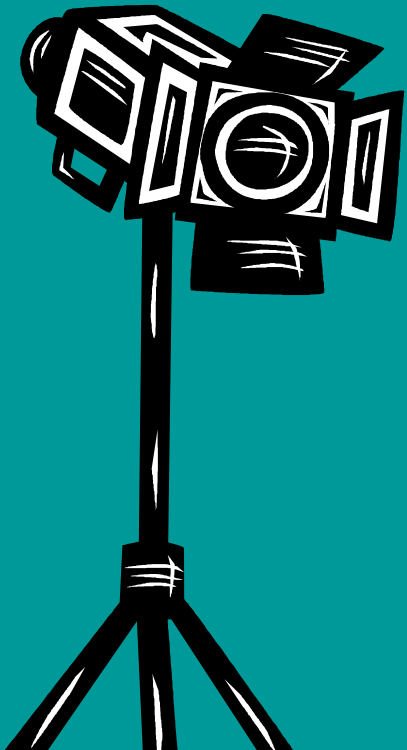
2006



Reveille:

Answering the Call

July 14 - 16th
at the Post Theatre



www.ftruckermwr.com

ARMY COMMUNITY SERVICE

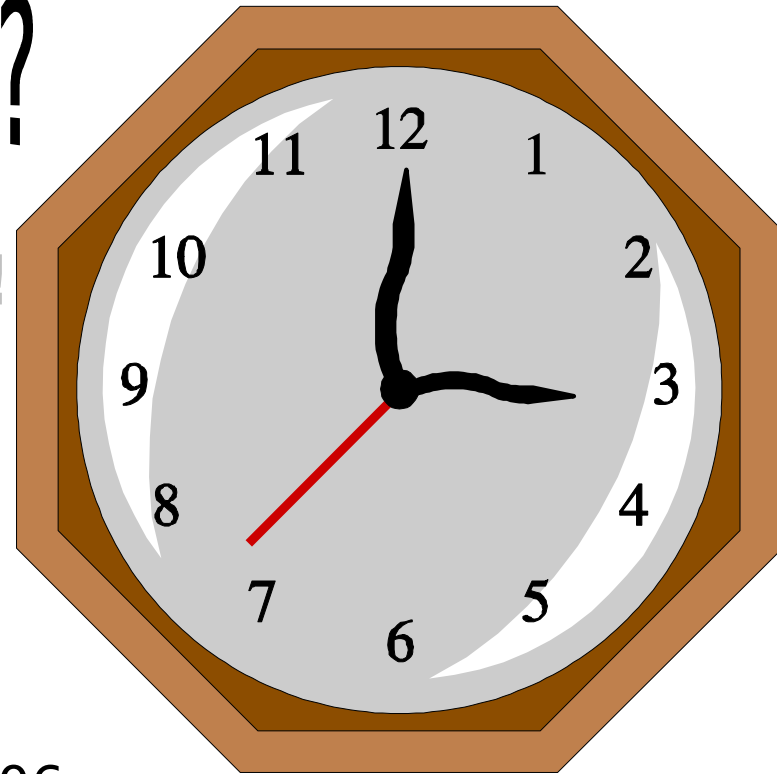
A C S

Real-Life Solutions for Successful Army Living

Want to know what time it is?

It's time for Army Family Team Building Level One Classes!!!

Spend your time wisely by taking courses that are targeted toward family members new to the Army or anyone interested in updating personal skills or basic knowledge about the Army.



Tuesday, August 8, 2006
Wednesday, August 9, 2006
Thursday, August 10, 2006

6 - 9 p.m.



Advance registration is required. Child care may be available with advance registration and reservations. All materials and instruction are free; **call 255-AFTB for more information and to register for classes. Hurry! Seating is limited.**

www.ftruckermwr.com

DEBT MANAGEMENT **WORKSHOP**



Are your debts weighing you down?
We can help take some of the weight off
with a step-by-step approach to debt reduction.

Presenter: Nicole Miller
Consumer Credit Counseling Service of
AL
Branch Manager

July 11, 2006
6:00 - 8:00 P. M.
SOLDIER SERVICE
CENTER
BLDG 5700, RM 371A

To register for this
FREE workshop,
contact the Financial
Readiness Program at
255-2594/9631.
Registration deadline
is
July 7, 2006.

ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living



**The Army Community Service
Civilization/Deployment Program
will be conducting**

FAMILY READINESS GROUP POWER TRAINING

SOLDIER SERVICE CENTER, BLDG. 5700, RM 371F

3 August 2006

0815 - 1545

**This training will cover numerous topics such as:
Family Readiness Group Overview, Leadership
Within an FRG, Volunteer Recruitment,
Newsletters, Telephone Tree, Special Events,
Fundraising, and much more.**
Each Class will be limited to twenty-five (25) participants.

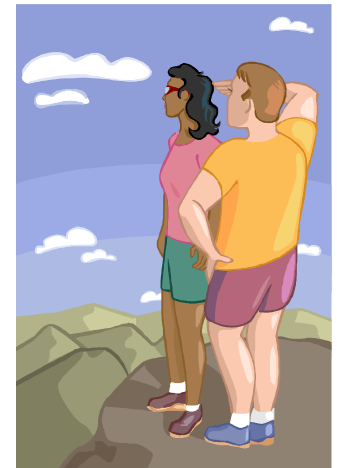
**Please call for reservations and further
information at**



Summer Camp

Child and Youth

Services
Openings are available in
CYS child care programs
including the Child
Development Center, Family
Child Care, and School Age
Services. Summer camp is
offered for children ages 6-
10. CYS registration
required. For additional
information, please call 255-
9638.





Child and Youth Services

Middle School and Teen (MST) Summer Camp

\$40 per week for 7:30 a.m. to 1:30 p.m. M-F

Free MST program from 1:30 - 6:00 p.m. M - F



Teen Night from 6:00 - 8:00 p.m. on M, W, Th



Youth Services Open Recreation is held on Saturdays from 1300-1800 for youth ages 6 and up and from 1900-2300 for 13-18 year olds. Call 255-9108 for more information.



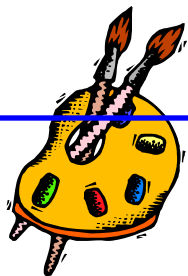


SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

Summer

Programs



Drawing

Painting

Art Lessons

Drama

Time

Music Lessons

Voice Lessons

Spanish
Study Skills
Reading & Book
Clubs

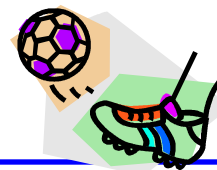


Cooking Class

Home Alone
Course

Scrap booking

Band Camp



Swimming

Soccer

Gymnastics

Football

Golf

Softball

Volleyball

Self Defense

**Contact Central Registration at 255-9638 for
registration information or Kimberly Barton at 255-**



SKIES *Unlimited*

Schools of Knowledge, Inspiration, Exploration & Skills



Swimming Lessons

\$30.00 per child per session



June 5-15 Preschool, Levels 1-6

June 19-29 Parent & Tot, Preschool, Levels 1-6

July 3-13 Parent & Tot, Preschool, Levels 1-6

July 17-27 Parent & Tot, Preschool, Levels 1-6, springboard diving, snorkeling

Class times are 10:00 a.m. and 11:00 a.m. Registration is two weeks prior to start of each session at CYS



CYS Family Swim Night

Aviators' Landing Pool
Tuesday evenings
Jun - Aug 6:30-8:30



**For additional
information, please
contact Child &
Youth Services
Central Registration,
Soldier Service
Center Building
5700, Room 60,
Telephone Number,
255-9638.**



Our Mission Is Caring



Family Child Care Our Mission is Caring



- Reception for current FCC providers and those interested in becoming an FCC Provider
- Aviator's Landing, St. Michael's Room
- June 22, 2006

If you are interested in providing child care in your home or attending the Reception, please contact the FCC office in the Soldier Service Center, Bldg. 5700, Rm. 373, telephone 255-3446/1238.

Child and Youth Services

Help us identify some potential new program offerings for the community.



- **Are you interested in a Part Day Program for your Two Year Old?**
- **Do you live off post? Are you interested in a Pre-Kindergarten program for your Four Year Old?**

If so, please contact Kathy Vickers at 255-1055 for more information.



Upcoming Youth Sports Registration



Cheerleading
\$30 one child/\$24 each additional
12 June until squads are filled

8-10 year olds/two (4-6 year old) mascots

11-12 year olds + two (7-8 year old) mascots

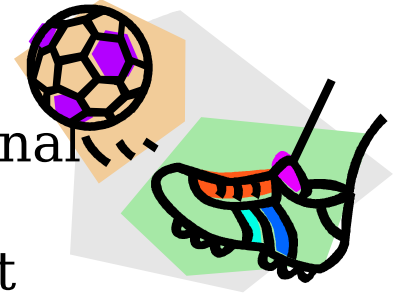
Fall Soccer

\$30 one child/\$24 each additional

5 July - 3 August

Age Control Date is 1 August

4-18 year olds



Tackle Football

\$60 one child/\$48 each additional

5 July until squads are filled

8-10 year olds

11-12 year olds



BUS SERVICE from ENTERPRISE SCHOOLS

Do you have children in grades K-6 that attend school in Enterprise?

Do you need **after school bus transportation** for your child from **Harrand Creek, Rucker Boulevard, Pinedale or Holly Hill**

Elementary School in Enterprise to Fort Rucker
CYS programs?

Does your family need **quality, affordable, convenient after school care**?
Fort Rucker Child and Youth Services is the answer!



conducting a survey to determine the need for this service. Limited space is available. Minimum participation is required.



Please call Kathy Vickers, 255-1055 for additional information.

AAFWES

— **ARMY AVIATION WARFIGHTING CENTER** —



June Events:

- **Father's Day Essay Contest**
- **Craftsman Demo**
- **Tire Sale begins 16 June at the Mini Mall**
- **Summer Sizzle Concession Bazaar and Sidewalk Sale**
- **PX Summer Sale-One Day Only**
- **Free small popcorn for Dad**
- **STAR Promo 16-22 June**

Why you should have a Military Star Card

- **10% off your entire first day's purchases**
- **Grace Period**
- **Competitive Interest Rates (currently 12.99%)**
- **No Annual Fee**
- **Exclusive Deployment Policy** (deferred payments)
- **24/7 Online account access**
- **Manage your account online 24/7 from anywhere. You can:**
 - **Check your Account Status**
 - **Pay online**
 - **View your statement**
 - **Update account information**
- **Exclusive promotions throughout the year**
- **Increased dividends to MWR**
- **Card can be used worldwide at participating Army, Air Force, Navy, Marine Corps, and Coast Guard Exchange (includes Online Store, Exchange Catalog and Centric Mall).**



FORT RUCKER COMMISSARY



FORT RUCKER COMMISSARY

- **SCHOLARSHIP FOR MILITARY CHILDREN PRESENTATION**
- **TRUCKLOAD KELLOGGS CEREAL, SPECIAL BUYS FOR THE MONTH OF JUNE**
- **HURRICANE CENTER WILL BE SET UP IN THE WAREHOUSE SALES AREA - FLASHLIGHTS, BATTERIES, WATER AND MANY MORE USEFUL ITEMS**

FORT RUCKER COMMISSARY

- **ARCHWAY & MRS. ALLISON'S COOKIES & CRACKERS HAVE GONE OUT OF BUSINESS IN THIS AREA TO INCLUDE COMMERCIAL SUPER MARKETS IN THE AREA.**



Lyster Army Health Clinic



Our Motto
“Concerned Care”



USAAMC CHANGE OF COMMAND



- **June 27 at 0800 - Howze Field**
- **Sick Call Hours will not change - 0615-0715**
- **Clinic will be operational with minimal staffing**
- **Full operation of clinic will resume at 1000**



LYSTER ARMY HEALTH CLINIC

HOURS OF OPERATION



Monday - Friday 0730-1615

DONSA'S (Training Holidays) 0800-1600

Weekends & Federal Holidays Closed

Additional Hours:

Pharmacy

Monday - Friday 0730-1700

Sick Call in Aviation Medicine

Monday - Friday 0615 - 0730

Please Call 255-7000 for scheduling appointments



Blood Drive



- **June 30**
- **0700-1700**
- **Post Theatre Parking Lot**
- **Sponsored by LifeSouth**



Hot Weather Tips



- **Drink plenty of water**
- **Use sunscreen**
- **Avoid exercise in the middle of the day**
- **Call 255-4303 to obtain the heat index that is updated on the hour**



Volunteer with the American Red Cross and Lyster Army Health Clinic



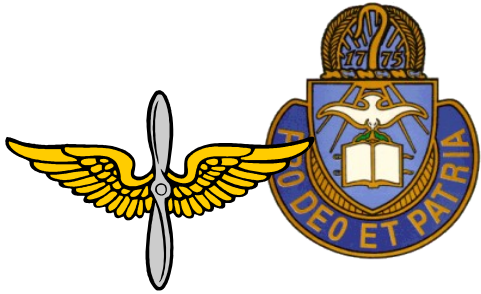
- **Administrative and Clinical Settings**
- **We need YOU!**
- **Contact Clinic Red Cross Coordinator Julie Larese at 255-506-1515**



NEED MEDICAL CARE AFTER DUTY HOURS?



- **Emergency** - Call 911 or go to the nearest emergency room. No authorization is required if condition is an emergency.
- **Urgent Care** - Call the TRIAGE Nurse Line at 1-800-884-8452. They will provide authorization if care is needed before clinic reopens.
- Be sure to call or follow up with your Primary Care Manager on the next working day



INSTALLATION CHAPLAIN



Chapel of Wings



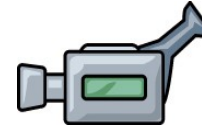
Main Post Chapel



Spiritual Life Center

Wednesday Night Live

Come see for yourself!



VIDEO SERIES ON LESSONS OF FAITH

AND FELLOWSHIP MEAL

on the
Promised Land

21 JUNE – 23 AUGUST

Every Wednesday at 1730
Spiritual Life Center (Bldg 8939)

TEN
EXCITING
LESSONS



VARIOUS
SPEAKERS

Chaplain Anniversary



**Fort Rucker's
Annual**

Spiritual Fitness Run/Walk

**Wednesday, 9 August 2006,
0600-0730 Main Post Chapel
Lawn**

- Everyone invited
- Free Breakfast
- Guest Speaker
- Free T-Shirt to first 500 participants

For more information, contact the Installation Chaplain Office, 255-2989/2012



Club Beyond on Fort Rucker



What we do:
Service Projects,
Travel to concerts,
beaches, and Missions in
Mexico and here at
home.
Bible Studies, Game
Nights, Bowling Parties,
Camp Outs, Pool Parties,
and lend a hand when
others are in need...

Club Beyond is a chance
for **6th-12th graders** to
meet and hang-out with
other youth in the Fort
Rucker area.

When: Sundays 5-7 PM

Where: Wings Chapel

Also, check out our
website!

www.fortruckeryouth.com



For all the details
call
Zane Biddle @

5-9995 or 237-
3293

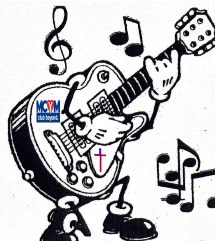
zanebiddle@gmail.com



**YOU CAN MAKE
A DIFFERENCE**

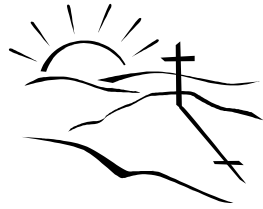


Beach Party



BAR-B-Q





WORSHIP SERVICES

MAIN POST CHAPEL

Protestant

8:00/11:00 a.m. Collective Protestant (*Sunday*)
)

Catholic

9:30 a.m. Mass (*Sunday*)
12:05 p.m. Daily Mass (*Monday-Friday*)
4:00 p.m. Confessions (*Saturday*)
5:00 p.m. Mass (*Saturday*)

CHAPEL OF WINGS

Protestant

9:00/11:00 a.m. Protestant Contemporary
Praise
and Worship Service (*Sunday*)

SPIRITUAL LIFE CENTER

Protestant

5:30 p.m. Wednesday Night
Live

(*Wednesday*)

9:30 a.m. Sunday School
(*Sunday*)

Catholic

10:45 a.m. CCD (*Sunday*)
(*except during summer months*)

Islamic (Bldg 317, Rm 117)

12:00 p.m. Worship Service
(*Friday*)

Latter Day Saints (Bldg 6612)

7:30 a.m. Worship Service
(*Sunday*)

All services held weekly except as noted



Directorate of Public Safety

LTC Marcus W. McDougald

Director of Public Safety/Provost Marshal

255-2511

CPT John Breen

Deputy Provost Marshal

255-1922

Chief Steve Collins

Fire Chief

255-9232

MSG Jeffery Mortensen

Provost Sergeant

255-0380

MP Assistance

MP Desk

255-2222



Weather Safety

Hurricane Season 1 June – 30 Nov

There are several checklists available that help prepare Soldiers and their family members for a storm. Obtain one of these and review it with your family so everyone will know what to do when a storm is approaching.

Prior to a storm, please remember to pick up loose objects outside your home and/or work area that would pose a danger during high winds when they become flying missiles.

Continue to ensure that you and your family understand the Warning Signal for a Tornado. Monitor potential hazardous weather conditions and plan ahead.

Buy non-perishable items on the checklist well in advance of a storm so that your family is well prepared.



Tornado Warning Signal

TORNADO WARNING SIGNAL

ONE MINUTE STEADY TONES ON THE POST SIREN SYSTEM

1 MINUTE of
SIRENS

2 MINUTES OFF

1 MINUTE of
SIRENS

2 MINUTES OFF

1 MINUTE of
SIRENS

(Sirens will continue in this pattern until the threat to the Fort Rucker area has
passed.)

TAKE IMMEDIATE SHELTER!

TUNE INTO LOCAL RADIO OR TV STATION
FOR EMERGENCY INFORMATION

LISTEN TO PUBLIC ADDRESS SYSTEM
FOR ADDITIONAL INSTRUCTIONS

ALL CLEAR SIGNAL

RAPID RISING AND FALLING SOUND ON THE POST SIREN SYSTEM
(SIMILAR TO EMERGENCY VEHICLES)



Fort Rucker Regulation 190-5



(Motor Vehicle) Changes (1 of

2)

The revised regulation is effective 1 July 06 and beginning 1 Aug personnel in violation are subject to fines and/or administrative action.

Cell Phones

Vehicle operators on Fort Rucker will not use cell phones unless the vehicle is safely parked or the operator is using a hands-free device.

This cell phone prohibition applies off post to any Soldier attached or assigned to the United States Army Aviation Warfighting Center and Fort Rucker while driving a POV. In addition, it applies to anyone (military or civilian) operating a military, government, or rental vehicle under official orders off post.

Vehicle operators without a hands-free capable cell phone are required to safely exit the road way into a safe area and place their vehicle in park before using their phone.

Violators of this regulation are subject to monetary fines in US Magistrate Court up to \$50 and/or administrative action.



Fort Rucker Regulation 190-5

(Motor Vehicle) Changes (2 of 2)



- **Motorcycle Operation**

- Leather boots or over-the-ankle leather hard sole shoes are the only acceptable footwear while riding a motorcycle. Sneakers are not a hard sole shoe or acceptable.
- As a minimum motorcycle operators and passengers will wear a brightly colored reflective-type belt (as normally used by soldiers during PT), at all times. Either a reflective belt, a reflective vest/jacket, or a jacket with reflective material meets the requirements. When the belt is worn, it will be worn diagonally across the upper body and over the shoulder or over any backpack worn by the operator.
- Appendix D, Fort Rucker Motorcycle Helmet Safety Standards

- **Radar Detectors**

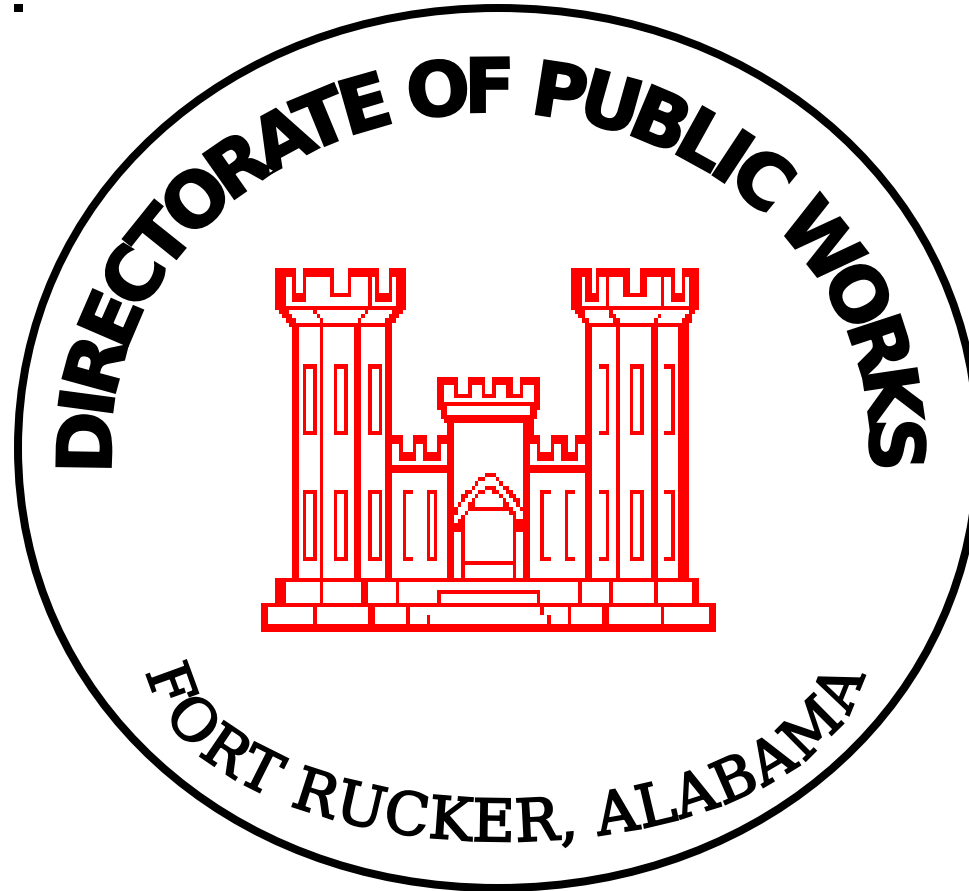
- The use of radar or laser detection devices on Fort Rucker is prohibited (DoDI 6055.4, DoD Traffic Safety Program).



Summer Reminders

- Summer Activity Safety Reminders
 - Do not leave outdoor cooking (open and closed type) grills unattended. Do not operate in carports, garages, or within 10 feet of a building.
 - Store flammable liquids in approved, closed containers. Do not store gasoline or other flammable liquids in family quarters. Store only small amounts in outside utility sheds. Allow engines on lawn mowers and weed eaters time to cool down before refueling.

DIRECTORATE OF PUBLIC WORKS



One Company. One Mission. Families First.



Recycling 101

- How are acceptable recyclable materials selected?
 - *Recyclable materials are accepted at a limited number of facilities in the Wiregrass area.*
 - *Due to market conditions for recyclables, facilities accept only a limited assortment of materials.*



www.picernemilitaryhousing.com

One Company. One Mission. Families First.

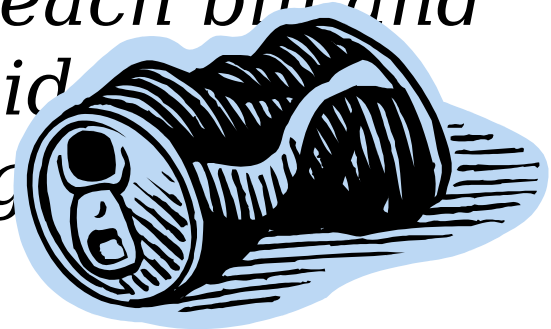


Recycling 101

- Why do the workers sometimes put all of the materials from a recycle bin into the trash truck?
 - *Workers have a limited amount of time to collect both trash and recyclables. So ...*
 - *Workers can't pick through each bin and sort out items if a bin is considered "contaminated" or containing unacceptable materials, including food waste.*



www.picernemilitaryhousing.com



One Company. One Mission. Families First.



Recycling 101

- Is there anything else I can do to help?
 - *Consider donating old clothes, toys, bicycles, appliances and furniture to a local charitable organization.*

***Help Fort Rucker
make a difference -
Recycle!***



www.picernemilitaryhousing.com

One Company. One Mission. Families First.

Accepted materials



Plastics:

PETE 1 & HDPE 2

Recycle Nos. 1 and 2 plastic containers (it's usually stamped on it). Examples: milk and dishwashing/laundry detergent containers. Throw the caps away as they are made of a different unrecyclable material.

Metal Food & Beverage Containers:

Aluminum cans and tin cans from soups, canned vegetables, sodas, etc. ***Just make sure they're rinsed out prior to putting them in the bin.***

Cardboard:

This is the most valuable paper product. It must be clean and unwaxed. Recycle your moving boxes, cereal boxes, pizza boxes (no crusts please). Please break down and flatten boxes.



All materials can be placed together in your bins. For health reasons, please rinse out containers to prevent odors and pests from infesting the bin between collection days.

www.picernemilitaryhousing.com



One Company. One Mission. Families First.



Neighborhood Offices

- Call your Neighborhood Office for all maintenance issues or any maintenance emergency.
- Work orders may be submitted 7 days a week by calling or coming by the office or through the Web site,
www.ruckerpicerne.com.
- Neighborhood management and maintenance staff is available to meet your schedule.



www.picernemilitaryhousing.com

One Company. One Mission. Families First.



Neighborhood Offices

- Office Hours:
Monday through Friday, 8 a.m. to 6 p.m.
Saturdays, 10 a.m. to 5 p.m.
Sundays, 1 to 5 p.m.

Check your newsletter for lawn care, pest control, trash collection and recycling information and schedules.



www.picernemilitaryhousing.com

One Company. One Mission. Families First.



How to contact your Neighborhood Office:

Allen Heights

11 Mann Street

334-503-3642

allenheights@picernemh.com

Bowden Terrace

11 Carey Street

334-503-3640

bowdenterrace@picernemh.com

Munson Heights

61 Red Cloud Road

334-503-3641

munsonheights@picernemh.com



www.picernemilitaryhousing.com

One Company. One Mission. Families First.



How to contact the Program Office:

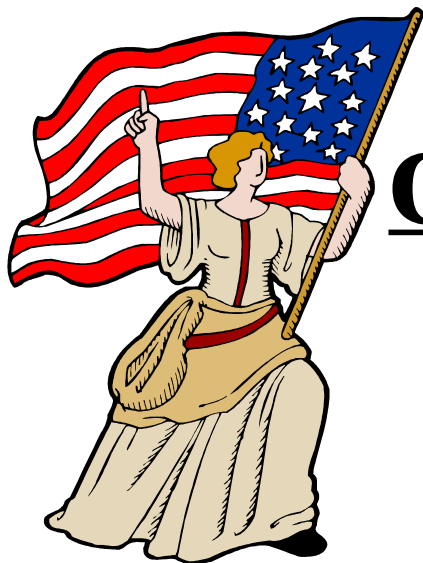
Bldg. 2908 Andrews Avenue
Monday through Friday, 8 a.m. until 5
p.m.

or

Call Picerne Military Housing, 503-
3600, or the RCI Office, 255-9230, for
more information.



[www.picernemilitaryhousing.c](http://www.picernemilitaryhousing.com)
om



FORT RUCKER ENLISTED SPOUSES ORGANIZATION!

...A Sea of Opportunity!...

Opportunities

- Friendship
- Volunteering
- Community Service
- Esprit de Corps
- **FUN, FUN, FUN!!!**

• **DATE:** Next meeting **July 12**

• **TIME:** **7:00** pm -8:30pm

• **PLACE:** Picerne Military
Housing
2908 Andrews
Avenue
Ft. Rucker, AL
(entrance located in
back of the building)

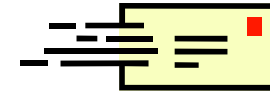
Come and be a Part of a '50' year Tradition!

• **P.O.C.:** **PRES. Tammy**
Oxenford.
5780



Garrison Commander's Town Hall Questions & Answers

Send Your Town Hall Questions By email
to



IME-RCK-ZA@rucker.army.mil



phone them in to

255-2095

**The Garrison Commander will
answer questions of general or
public interest at the following
month's town hall meeting.**

**Technical questions will be
answered**

Fort Rucker Town Hall Meeting

Thank you for your attendance.

**The next meeting will be held
Tuesday, July 11, 2006 at 10:30am,
Bldg 5700 Room 282.**

**Please send your slides to
SPC Hamilton, Bldg 114, 255-9404
kevin.hamilton@rucker.army.mil**

**NLT 5 July 2006. Slides will be posted
to the Rucker Internet
(<http://www.rucker.army.mil/>) 6 July 06.**